### SAFETY TIPS

#### When you are walking

<table>
<thead>
<tr>
<th>Use Pavements</th>
<th>Crossing roads</th>
</tr>
</thead>
<tbody>
<tr>
<td>Make sure you use the pavement or if there is no pavement, walk near the edge of the road facing oncoming traffic</td>
<td>Always use pedestrian crossings such as overhead bridges, zebra crossings, subways, and pay attention to traffic signal lights</td>
</tr>
</tbody>
</table>

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<tr>
<th>Don’t use headphones</th>
<th>Boarding a bus</th>
</tr>
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<tbody>
<tr>
<td>Avoid using headphones or cell phone while crossing the road as it causes distraction</td>
<td>Make sure you wait for the bus to halt completely while boarding or alighting from it</td>
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<tr>
<th>Crossing in front of vehicles</th>
<th>Don’t cross at road bends</th>
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<tr>
<td>Avoid crossing roads in front of a stationary vehicle or in between stationary vehicles</td>
<td>Do not cross at road bends as visibility for the pedestrian and the driver is at its minimal</td>
</tr>
</tbody>
</table>

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SAFETY TIPS
When you are cycling

**Riding near cars**
Ride within two metres of the rear of the motor vehicle to avoid collision and give hand signals in order to turn right, left or stop.

**Don’t hold on to vehicles**
Avoid holding onto another moving vehicle as sudden braking can injure you.

**Equip your bicycle**
Equip bicycle with lights and with front, rear, and wheel reflectors to increase your visibility, especially during dusk and dawn.

**Use the bell**
Frequently use the bell while riding in fog or in the dark to warn other motorists of your presence.

**Use mirrors**
Always use side view mirrors to keep stock of vehicles approaching you from the rear.

**Cross on foot**
Cross red-lights and railway level crossings on foot to stay better prepared for any on-coming traffic.

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SAFETY TIPS
When you are riding

Use a helmet
Use good quality helmets-preferably light coloured with reflector strips

Use daytime running lights
Use daytime running lights or DRL in the daytime to improve visibility and use low beam at night to avoid blinding oncoming traffic

Use side view mirrors
Use side view mirror to remain alert of traffic approaching from the rear

Do not follow a vehicle too close
Make sure you do not follow a vehicle too close in order to avoid collision. Use the 3 second rule

Do not drink and ride

Keep out of a car or vehicles blind spot

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SAFETY TIPS
When you are commuting with a child

- **Riding with a child**
  Protect your child with child helmets on two wheelers and avoid having a child below the age of 15 as a pillion rider

- **No children in front seat**
  Children under the age of 12 years should not be allowed to sit in the front seat to prevent them from hitting the dashboard upon braking

- **Baby on board sign**
  Use signs like ‘Child on Board’ while travelling with a child in your vehicle

- **Traffic precaution**
  Children should not be allowed to mix with traffic without the company of an adult

- **Hold your child’s hand while crossing**
  While crossing the road and near traffic, hold your child’s hand to provide assistance

- **Do not leave the car on**
  Do not leave the car motor running while the child is in the car

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SAFETY TIPS
When you are driving in fog

- **Drive with low beam**
  Drive with low beam to be able to see and be visible to other drivers

- **Reduce your speed**
  Reduce your speed to avoid crashing into stationary vehicles. Fog creates the illusion of slow motion when you may actually be speeding

- **Listen for traffic you cannot see**
  Avoid playing loud music and open your windows slightly to keep alert

- **Traffic precaution**
  Follow painted lane markings as a guide in case of zero-visibility and watch out for stationary vehicles

- **Never stop in the middle of the road**
  If your car stalls, switch on your blinkers and move to the side of the road

- **Using indicator before turning**
  Give at least ten seconds with the indicator on before making any turn to give drivers following you time to slow down due to slippery condition of road

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